



BOARD/COMMISSION: Board of Health

DATE: 5/29/2025, at 11:00 AM

ADDRESS: 1 Municipal Drive, Fishers, IN 46038

1. Meeting Called to Order

2. Announcements

3. Consent Agenda

- a. Request to approve the previous meeting minutes 4-24-25.

4. Regular Agenda

- a. Election of Vice Chair
- b. Fishers Health Department Budget Update.

- 1. 2026 Budget Projections
- 2. HFI Adjustments
- 3. HFI Budget Approval

- c. Fishers Health Department Clinical Update

- 1. Clinical Services Update
- 2. Clinical Revenue Update
- 3. What's Next?

- d. Strategy Update

- e. Contracts and Grants

- Applying to; Awarded; In Development

5. Regular Items - Any other Unfinished / New Business

6. Regular Items - Meeting Adjournment

[MEET_FOOT]



**Board of Health
Minutes
4/24/2025**

BOARD/COMMISSION: Board of Health Meeting

DATE: 4/24/2025

DIRECTIONS:

1. Meeting Called to Order

- The meeting was called to order at 11:01 a.m. by Scott Fadness. Board members present: Karen Collins, Steve Orusa, Sal Milgore, Kyle Hultgren, Michele Saysana, and Scott Fadness.
- Staff present/Legal: Monica Heltz, Jake Reardon McSoley, Jennifer Englemann, Laura Gropp, Chris Greisl, Josh Robinson, and Kari Adriano.
- Public Members: Larry Lannan
- Members of the public were able to submit comments to the Board via form submission. No Public Comments were submitted.

2. Announcements

3. Consent Agenda

a. Request to approve the previous meeting memoranda: Meeting Minutes 1-30-25.

- Scott Fadness made a motion to approve the consent agenda. Kyle Hultgren seconded the motion. There was no remonstrance, and the motion passed 6 in favor, 0 opposed.

4. Regular Agenda

a. Election of Officer, Vice Chair.

- Kyle Hultgren made a motion to table this item. Scott Fadness seconded the motion.

There was no remonstrance, and the motion passed 6 in favor, 0 opposed.

b. Approval of Annual 2024 Report.

- Scott Fadness made a motion to approve the annual report. Steve Orusa seconded the motion. There was no remonstrance, and the motion passed 6 in favor, 0 opposed.

c. Fishers Health Department Updates on 2025 Priorities.

- General Updates: vital records, food code & CPO classes.
- FHD funding/budget update & projections.
- Clinical expansion.

- Monica Heltz addressed the board.
- Laura Group addressed the board.
- Jennifer Engleman addressed the board.

d. Project Report: Community Health Assessment Secondary Data Analysis.

- Joshua Robinson addressed the board.

e. Contracts & Grants

- Applying to; Awarded; In Development.

- Laura Gropp presented to the board.

5. Regular Items - Any other Unfinished / New Business

6. Regular Items - Meeting Adjournment

- Scott Fadness made a motion to adjourn the meeting. Steve Orusa seconded the motion.
- There was no remonstrance, and the motion passed 6 in favor, 0 opposed.
- The meeting was adjourned at 12:08 p.m.

[MINUTES_FOOTER_-_BOARD_OF_HEALTH]



Fishers Board of Health

May 29, 2025

Regular Agenda

1. FHD Budget Update
 1. 2026 budget projections
 2. HFI adjustments
 3. HFI budget approval
2. FHD Clinical Update
 1. Clinical services update
 2. Clinical revenue update
 3. What's next?
3. Strategy Update
4. Contracts and Grants
 - Applying to; Awarded; In Development
5. Additional questions or discussion?

Health Board *Business*

APPORVAL of Meeting Minutes (April 2025)

APPROVAL of monthly board reports

APPROVAL of 2024 Annual Report

Meetings

• January, April, July, October

+ Special meetings: on written request signed by 3 members, or on health officer request.

NEXT:

+ Next required meeting: July 31, 11am

2025 Priorities

- + Health First Indiana: Funding, Tracking and Key Performance Indicators
- + Accreditation Readiness: CHA, CHIP, Strategic Plan, Documentation
- + Expansion of Clinical Services: Pregnancy testing, STI screening and treatment, LTBI Treatment, Travel Vaccines, Chronic disease screening, ...
- + Social Work program: Streamlined service integration with public safety
- + Community-Based Education: Expanded offerings
- + School Health: Physical Activity and Nutrition
- + IDOH- dependent: New food code standards; Vital Records to all Hoosiers
- + Move to Community Center

2026 Health First Indiana Budget

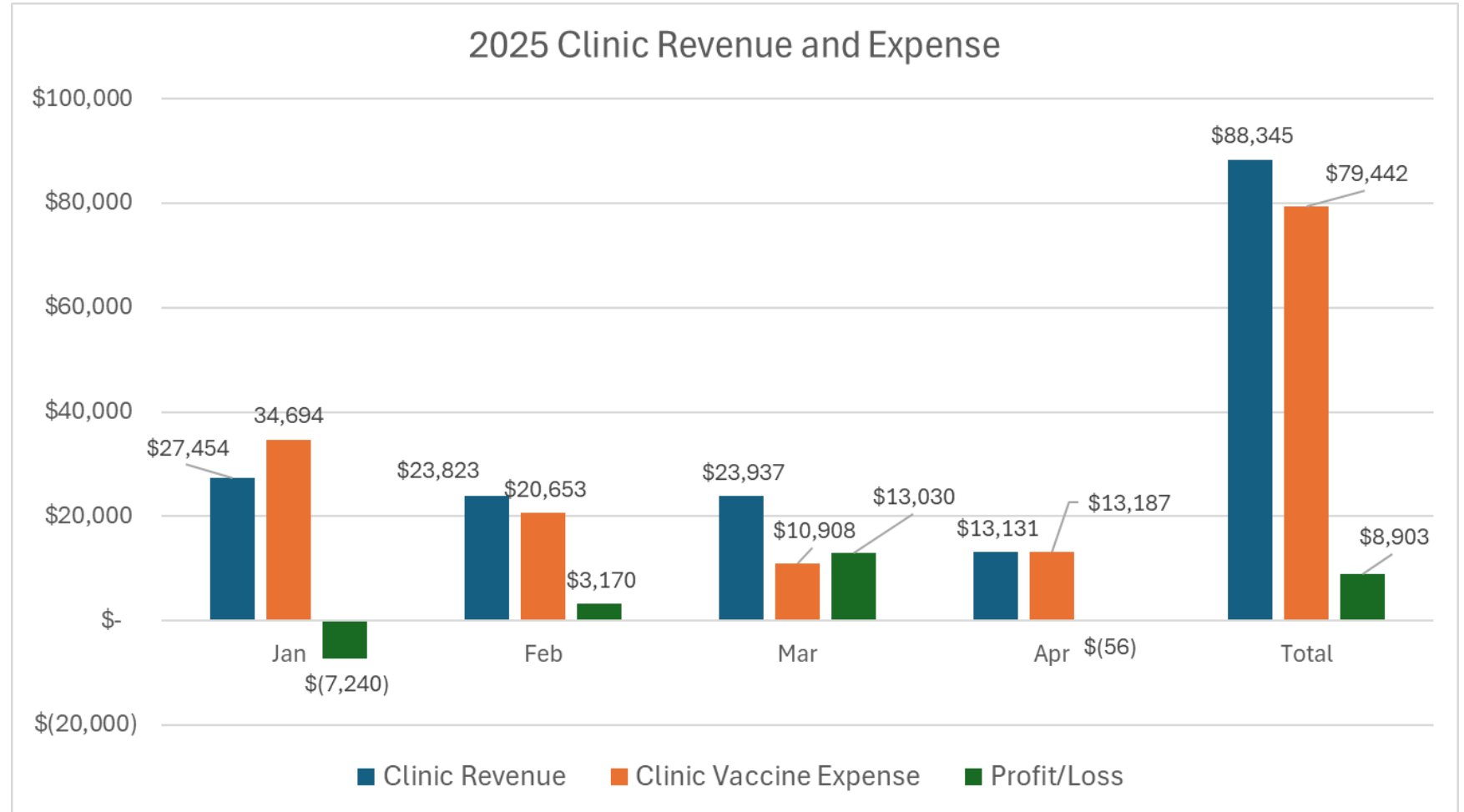
- + Health First Indiana Funding in the amount of \$517,550.28
- + Tentatively fund 90% of salary and benefits for the following positions:
 - + 2-Community Health Advocates
 - + 1- Health Educator
 - + 1-Full-time Public Health Nurse
 - + Project Manager
 - + Deputy Director of Finance & Operations
 - + Supplemental part-time Nurse & Registration Staff for the clinic

FHD 2026 Budget

- Savings of Rent, Utilities, Common Area Maintenance, Moving expenses, DPW expenses due to Community Center move and decrease in training budget.
- Shifting LCSW position to Opioid Funds for 2 years
- Shifting School Liaison Nurse to CoAg funds for 4 years
- Community Center shift of \$100,000 and Culture of Health position
- Budget Deficit: \$480,607
- Other cost savings: \$269,327
 - Consolidate storage unit to DPW facility
 - Open Nurse position
 - Shifts in costs to BSG, IT, Parks, PR, and Fire (Fall Prevention Supplies)
- City has committed to addressing the remaining shortfall of approximately \$200,000 during the budget process.

Clinic Revenue

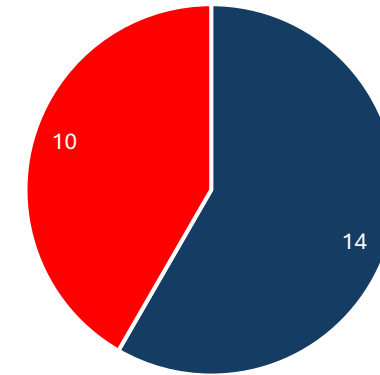
- 2024 Clinic Revenue: \$77,594
- Accounts Receivable \$23,000
- Travel Vaccines started in May. Total of 24 appointments and \$6,678 in revenue



Clinical Services Update

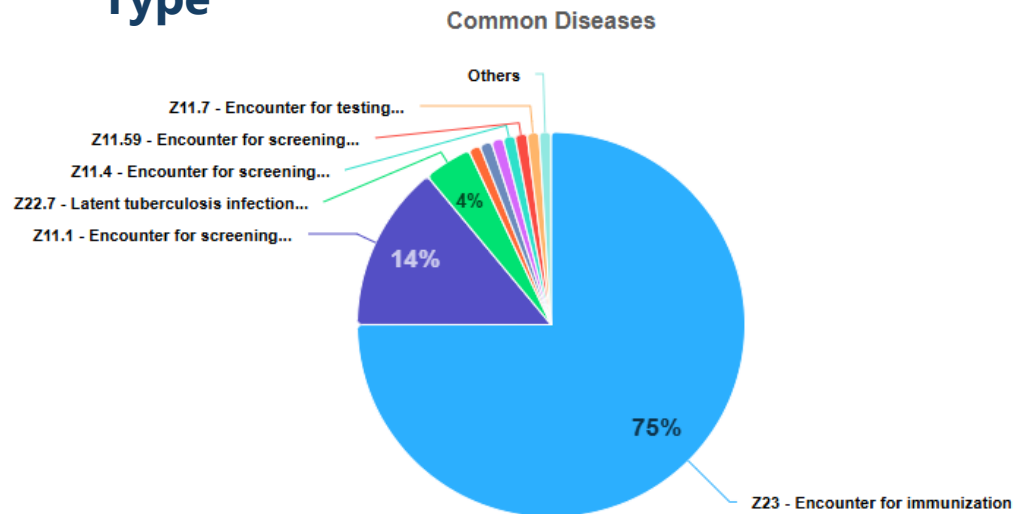
- Travel Vaccines – began 5/1/25
 - 24 Appointments through 5/23/25
 - 3 additional scheduled through 5/31/25
 - Goal: average of 3 appointments per day in Q3 & Q4
 - Marketing started 5/15/25

Travel Vaccines - Fishers Resident Status

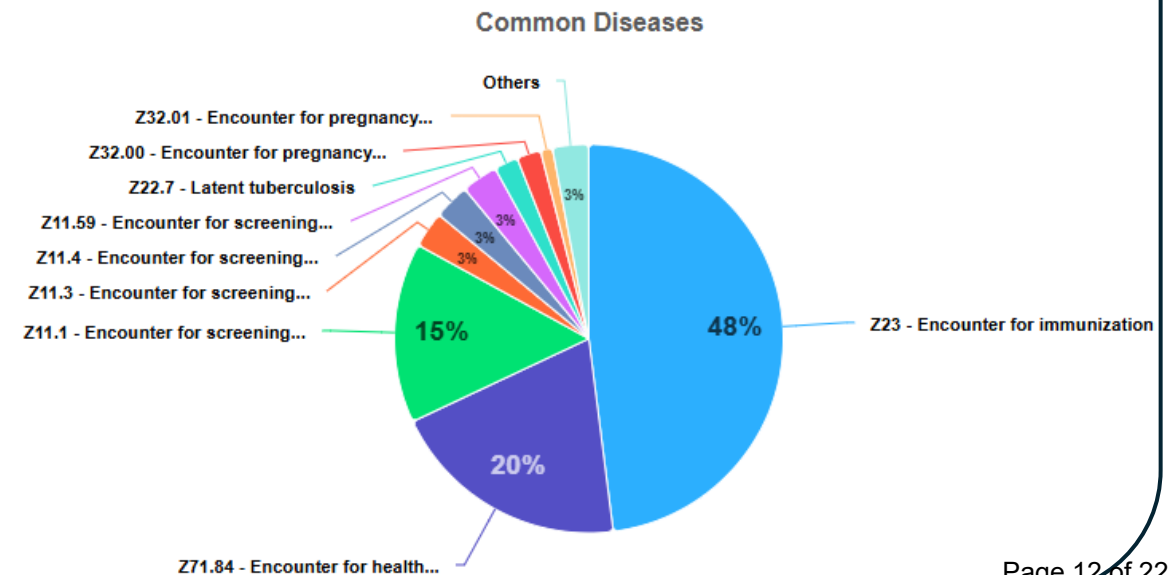


■ Fishers Residents ■ Non-Fishers Residents

January 1 – April 30 2025 Encounter Type



May 1 – May 31 2025 Encounter Type



Clinical Services Updates

STI/Pregnancy Testing

- Appointments available starting 5/19/25
- 2 Appointments scheduled through 5/31/25
- Purchasing medication to treat 2 types of STI's

Overall Clinical Services Expansion

- Expanding appointment availability Weds and Fri – not changing times
- Plan on expanding availability Tues and Thurs before mid-July – not changing times
- Evaluating staffing model to maximize resources
- Working with Business Solutions Group to optimize data and clinic efficiency

Metric Monitoring

- Time to next appointment:
 - 30 minute appointment: <1 day
 - 60 minute appointment: 3 days
 - Determining appropriate threshold to expand clinic hours
- Vaccine demand
 - Added rabies per client request
- Client visit by day of week
 - Demand not outpacing capacity

Clinical Services Update – What's Next?

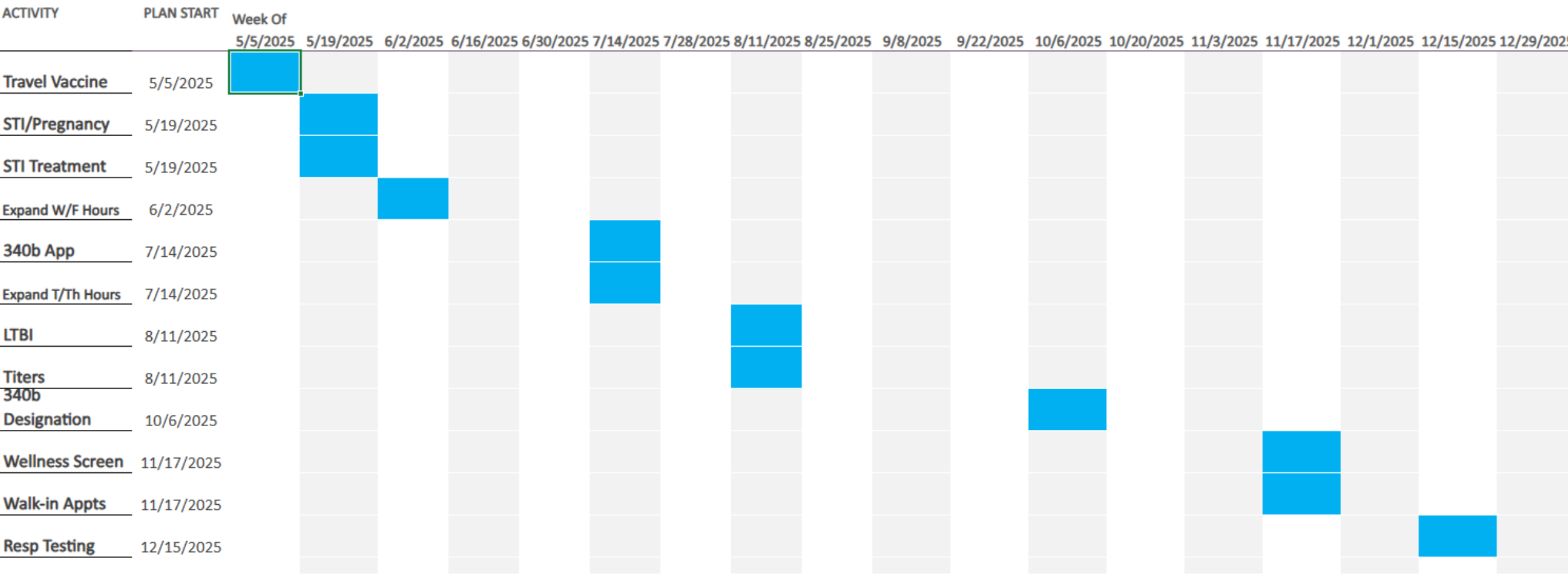
340b Drug Pricing Program

- Improves access to affordable medications for clients
- FHD will receive discount on prescription drugs to administer/dispense to clients
- Will not cover vaccine cost, only treatment
- Application window July 2025
- Receive designation October 2025

Exploring Additional Clinical Services

- Latent Tuberculosis Infections (LTBI)
- Wellness screenings (blood glucose, A1C, cholesterol)
- Expand to walk in services in FCC
- Additional STI treatment services
- Rabies treatment
- Titers
- Respiratory testing

Clinical Services Timeline



Community Health Assessment - Priority Areas

Mental and Behavioral Health

- Adult Mental Wellbeing
 - Depression, frequent mental distress, social isolation
- Acute Needs and Suicide Prevention
 - Younger Adults 20-29
- Youth Mental Wellbeing
 - Acute needs, developmental concerns (e.g., neurodivergent needs)
- Adult binge drinking 17.4%; Low levels tobacco and drugs

Chronic Disease Prevention and Management

- Adult High Rates:
 - Cholesterol, blood pressure, arthritis, asthma
- Healthy Aging
 - Older adult chronic disease management
 - Young – mid age adults prevention and awareness

Injury Prevention and Access Needs

- Older adult injury prevention (falls)
- Maternal and infant health access
- Disconnection from care (frequent service users)
- Access Barriers and Navigation

Contracts & Grants

01 Grants Applied To:

- Awarded NACCHO Flexible Local Epidemiology for X-factor Emerging Diseases Grant in the amount of \$20,000. Deliverables-based grant.
- Awarded Hamilton County Council on Alcohol and Other Drugs grant in the amount of \$4,000 to fund the training for 2 staff members to attend Adult Mental Health First Aid Training.

02 Projects Funded:

- Shephard Center of Hamilton County- \$20,000
- Club Grants- HSE Pickleball Club for 25-26 school year. \$500
- Eman School (2) AED's from CoAg funds- \$3,494.

03 24-25 School Health Club Grant Recap

- 395 Student and Community Members Impacted
- \$1,750 awarded to 4 clubs
- Funded Yoga Club, Do Something Club- Memory Care Project, Riley Dance Marathon Club, Cultural Connections Club's International Fair

Grant Success Story

Fishers High School Do Something Club

- + FHS Day of Service, 32 students went to Independence Village East Fishers making 120 sandwiches for the unhoused with the residents. Students were able to mingle in the memory care unit and made and took arts and crafts and presents to the residents. This intergenerational activity built connections among the students and residents of the memory care unit.





Thank You!

2024 Grant Metrics

Shepherd's Center Hamilton Co

1,215 touch points with
175 patients by Reaching
Resource team

Counseling Program
provided 115 therapy
sessions for 44 residents

Across Access & Linkage
to Care, Fatality
Prevention, Tobacco
Prevention and Trauma
& Injury Prevention

02

Breathe Easy Hamilton Co.

150 individuals referred
to cessation resources

1500 youth provided
education on harms of
vaping

800 adults provided
education on the harms
of tobacco and vaping

03

HSEF

Project Hope: 21 new
referrals with 2 actively
connected to Project
Hope for financial
hardship.

Truancy Prevention
Program: 21 participants.
Two additional classes
scheduled second
semester.

Grants & Activities For **Consideration**

School Liaison Funding ~\$600,000 available

- + AgriPark Greenhouse & HSE Schools. Applied for grant.
- + YMCA- See below- access for 100 youth
- + Mudsock Youth Athletics- Student-driven pick-up sports program, Girls Health Academy, Community Field Days

Health First Indiana Funding \$150,000 available

- + Shephard's Center of Hamilton County: Reaching Resources program- increase to \$49,000 to fund full time person in Fishers. Received \$20,000 in 2024 (175 people)
- + YMCA: \$66,000 to support: Fall prevention program (30 participants), Diabetes prevention (30 participants), Blood Pressure monitoring (25 participants), MoodLifters program (20 participants), Youth access to "3rd Space" -100 non-members

Social Work Program – 2024

Mental Health

- 221 Crisis Response Follow-Up
- 166 Emergency Detentions
 - 30% 18 or Under
 - 28% 19-29 YOA
- 4 Suicides
 - 12 in 2023
- CHA Trained in Peer Recovery Coaching

Fall Prevention

- 42 Participants in Fall Prevention Program
- 2 Matter of Balance Classes Offered
- Staff Trained in Stepping On – Evidence Based FPP

Community & Clinic

- 1,147 Unique Patients Served
- 1,050 Referrals Made to Community Services
- 323 Basic Needs Assessments Provided Follow-Up Support